AWARENESS PROGRAMME ON GIRLS' HEALTH AND EUCATION on the occasion of 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi(Gandhi Jayanti) organised by Gogamukh College Women Cell, in association with IQAC, Gogamukh College. Place: Gogamukh College

Date 24/9/2019

Agenda:

- 1. Opening of the session with apoem recitation by : Babita Phukan. 6<sup>th</sup> Sem.
- 2. President takes chair
- 3. Objective of the meeting.
- 4. Song performance by: Karpun Mili, 5<sup>th</sup> Sem.
- 5. Speech by appointed speakers on the following topics:
  - i. Institutional dropout of students Speaker Mrs. Mamoni Hazarika, Associate Prof. Dept. of Education, Gogamukh College.
  - ii Importance of formal Education Mrs. Anima Saikia, Associate Prof. Dept. of Edu.
  - iii Health issues after marriage- Luman Taina, Asst. Prof., Dept. of Sociology .
  - iv Use of Sanitary napkins- Vandana Sarmah, Asst. Prof., Dept of Environmental Sc.
  - v Psychological stress and depression of women Rubima Saikia, Asst. Prof., Dept. of Edu.
- 6. Group Dance by: Dipa's Dance Group.
- 7. Others.
- 8. President's opinion and wind off.

Today on 24<sup>th</sup> Sept., 2019, Tuesday, on the occasion of 150<sup>th</sup> Gandhi Jayanthi an awareness program on Girls' Health and Education was being organized in the aegis of Women Cell, Gogamukh College in association with IQAC, Gogamukh College in the Auditorium Hall, Gogamukh College.

The program was Presided by Mrs. Mrs. Mamoni Hazarika, Associate Prof. Dept. of Education and President, Women Cell, Gogamukh College. The objective of the meeting was explained by Anima Saikia, Associate Prof. Dept. of Edu., Secy. Women Cell, Gogamukh College.

The program begin with a poem recited by Miss Babita Phukan a student of 6<sup>th</sup> sem. Thereafter, one after another appointed speakers delivered their speeches as per the agenda. Mrs Manju Swargiary, Asst. Prof. in English, addressing the students delivered her speech on the alarming dropout of students in higher educational institution. Second, Mrs. Anima Saikia, Associate Prof. in Education talk about the Importance of Formal Education and addressed the girls students that it is utmost necessary to be aware of Sexual harassment in workplace or other places. Issues related to health of women after marriage was discussed by Mrs. Luman Taina, Asst. Prof. in Sociology on the topic, Health issues after marriage. Attractively she explain about the health related issues faced by women after marriage. It was followed by a song sung by Miss Kayum Mili a student of 5<sup>th</sup> sem. which created a soothing environment.

Then an awareness speech on Use of Sanitary Napkins and its scientific benefits was explained by Mrs. Vandana Sarmah, Asst. Prof. in Env. Science. Rubima Saikia, Asst. Prof. in Education spoke on the topic Psychological stress and depression of women. She pointed out the reason behind stress and depression among women, when and why they women undergo stress and depression

A Group dance was performed by the students of the College led by Dipa and her group.

Magarika Gogamukh College Teacher's Unit In this awareness program the occasion was bestowed by Vice-Principal, Faculty members and students of the College. Participation of member present made the program a grad successful one for which the organizers highly appreciate college fraternity. Mr. Diganta Kr. Kakati, coordinator, IQAC played an active role in carrying out the program and his contribution in this regard is appreciable.

Lastly, the program was winded up by the thanks giving words from the President of the program.

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President,

Women Cell, Gogamukh College. Secretary, Women Cell,

Gogamukh College.

President
Women Cell
Gogamukh College Teacher's Unit

Secretary Women Cell

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Principal
Gogamukh College
Date:.....

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